



# VIDYA BAL BHAWAN SR. SEC. SCHOOL

(Recognised & affiliated to C.B.S.E.)

Saptarshi Raj Path, Mayur Vihar-III, Delhi-110096

Help line: 8595343139, 7303012080, 7290909901, E-mail: vidyabalbhawan@gmail.com

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## WORKSHOP REPORT

**Topic:** Declaration of Tobacco & Drug Free Zone and Awareness Workshop

Vidya Bal Bhawan Senior Secondary School, Mayur Vihar Phase-III, Delhi, successfully organized an awareness and counselling workshop on "Tobacco and Drug Free Zone" in collaboration with Delhi Police, Police Station New Ashok Nagar. The primary objective of the workshop was to sensitize students about the harmful effects of tobacco and drug abuse and to promote a healthy and disciplined lifestyle among them.

The session was conducted by esteemed officers from Delhi Police, including Sub-Inspector Sh. Anshul, Sub-Inspector Sh. Vishant, and Head Constable Sh. Ankit, who were invited as resource persons. The workshop commenced with a formal welcome of the guests, followed by an introductory address highlighting the importance of declaring the school campus as a Tobacco and Drug Free Zone.

During the session, the speakers elaborated on the adverse physical, psychological, and social impacts of substance abuse. Real-life examples and practical insights were shared to make students aware of the serious consequences of addiction. The officers also guided students on how to handle peer pressure and make responsible choices in life.



An interactive segment was conducted where students actively participated by asking questions and sharing their views. The speakers encouraged students to adopt a positive approach towards life, focus on their goals, and stay away from harmful substances.

The Principal of the school addressed the gathering and emphasized the importance of such awareness programs in shaping the future of students. He appreciated the efforts of Delhi Police for their continuous support in guiding the youth towards a better and safer future.



The workshop concluded with a pledge-taking ceremony, where all students promised to stay away from tobacco and drugs and to spread awareness among their peers and society. Overall, the workshop was highly informative, engaging, and impactful. It played a significant role in reinforcing the message of a healthy, safe, and drug-free environment within the school campus.

**PRINCIPAL**